What is a holy book?

In this term's Religious Education topic, you will be learning about holy books and sacred texts from different religions.

In this task you will be able to understand the importance of holy books to different religions.

What is a holy book? What different holy books are there?

- Different religions all have different sacred texts (religious books) which may contain stories, wise words, messages from God and ideas on how to live (which might look a bit like having rules)
- Religious people sometimes show respect for their holy book with symbols. For example:
- A Bible is read aloud in church. Some churches keep the Bible on a stand. Some Bibles are bounded with leather and decorated with gold leaf.
- A Qur'an is usually wrapped up and kept on a high shelf. It is only opened with clean, washed hands. It should never touch the floor.
- The Guru Granth Sahib (Sikh holy book) is handwritten and is treated like a human. The pages are called 'angs' which means limbs. So each page is treated like a part of the body. It has it's own bed and also never touches the floor.

What stories are special to you?

- What stories are special to you? Talk to those around you to discuss any books you
 have read and what meaning they have.
- If you follow a religion, have a discussion with those around you about the holy book or scripture you may follow.

Task: To write your own set of special words

 Can you write your own special set of words that might be important to you? They can be written like a prayer or even a paragraph.